RACIALIZED WOMEN IN SPORT
RESEARCH UPDATE

Racialized women participate in sport for 3 broad reasons:

PHYSICAL & MENTAL well-being
SOCIALIZATION & BELONGING
INTEGRATION & ACCULTURATION

EXPERIENCES OF DISCRIMINATION for racialized women:

Racism & Stigma
Verbal abuse & derogatory remarks

Exclusion from opportunities
Cultural & linguistic discrimination

Narrow constructions of heterofemininity
Lack of female-only spaces

Next Research Questions:

How do racialized women & girls experience...

Different sporting roles
Anti-racism & empowering spaces
School-based sports

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References
